

The Center for Conscious Eldering



photo by David Lauer

THERE IS A PROFOUND DIFFERENCE between becoming old and aging consciously. This retreat is for people over 50 who anticipate their later years as a deepening life stage of growth, purpose and service. It will provide a dynamic experiential introduction to conscious aging and the inner work vital to the emotional and spiritual growth and development of an engaged elder. Conscious Eldering: Aging with Intention and Passion weaves together a powerful set of processes—including life review work, exploration of legacy, ceremony and reflective time outdoors. This retreat will help you identify and release old patterns and identifications that no longer serve you and open you to new possibilities for your life.

CONSCIOUS ELDERING

Aging with Intention and Passion

presented by **Ron Pevny** of the Center for Conscious Eldering

September 27-29, 2019

At the beautiful mountain home of Ken and Leslie Matthews in **Salida, Colorado**

TO REGISTER

Your non-refundable deposit of \$100 reserves your place.

Please send a check [made out to Center for Conscious Eldering] along with name, address, phone number and e-mail, to:

Leslie and Ken Matthews
5633 Pinon Ridge Trail, Salida,
Colorado 81201

FINAL PAYMENT DUE August 28

\$395

(includes 2 lunches and 2 dinners)

SCHEDULE:

FRIDAY, September 27

4:00pm to 8:00pm

SATURDAY, September 28

9:00am to 8:00pm

SUNDAY, September 29

9:00am to 2:30pm



Ron Pevny is founder and director of the Colorado-based Center for Conscious Eldering. He is a long-time rite of passage guide, certified Sage-ing® leader, and host of the Shift Network's "Transforming Aging" Summits. He is author of the book *Conscious Living, Conscious Aging: Embrace and Savor Your Next Chapter*. Ron is dedicated to assisting people in negotiating life transitions and creating lives of purpose and passion.



Contact **Leslie Matthews** with questions and more information on local accommodations at **(720) 261-6294** or lesliannematthews@gmail.com